Surah Al-Adiyat

11 verses · 3 groups · look at the picture, say the verse

سُورَةُ العَادِيَاتِ

بِسْمِ ٱللَّهِ ٱلرَّحْمَٰنِ ٱلرَّحِيمِ

1 · The horses

sounds end in -ā

1

وَٱلْعَٰدِيَٰتِ ضَبْحًا

Wal-ʿādiyāti ḍabḥā

Horses running, panting

2

فَٱلْمُورِيَٰتِ قَدْحًا

Fal-mūriyāti qadḥā

Hooves strike sparks

3

فَٱلْمُغِيرَٰتِ صُبْحًا

Fal-mughīrāti ṣubḥā

Charging at dawn

4

فَأَثَرْنَ بِهِۦ نَقْعًا

Fa-atharna bihī naqʿā

A big cloud of dust

5

فَوَسَطْنَ بِهِۦ جَمْعًا

Fa-wasaṭna bihī jamʿā

Right into the middle

2 · The person

ends: kanūd · shahīd · shadīd

6

إِنَّ ٱلْإِنسَٰنَ لِرَبِّهِۦ لَكَنُودٌ

Innal-insāna li-rabbihī la-kanūd

People forget to say thank you to their Lord

7

وَإِنَّهُۥ عَلَىٰ ذَٰلِكَ لَشَهِيدٌ

Wa innahū ʿalā dhālika la-shahīd

And he sees it himself

8

وَإِنَّهُۥ لِحُبِّ ٱلْخَيْرِ لَشَدِيدٌ

Wa innahū li-ḥubbil-khayri la-shadīd

He loves money so much

3 · The Day

ends: qubūr · ṣudūr · khabīr

9

أَفَلَا يَعْلَمُ إِذَا بُعْثِرَ مَا فِى ٱلْقُبُورِ

Afalā yaʿlamu idhā buʿthira mā fil-qubūr

Graves open, everyone comes out

10

وَحُصِّلَ مَا فِى ٱلصُّدُورِ

Wa ḥuṣṣila mā fiṣ-ṣudūr

What's in hearts is shown

11

إِنَّ رَبَّهُم بِهِمْ يَوْمَئِذٍ لَّخَبِيرٌ

Inna rabbahum bihim yawma-idhil-la-khabīr

Allah knows everything about them

The English letters are only a guide. Copy the reciter's voice, not the spelling. Meanings are simplified for children from Ibn Kathir's tafsir. Arabic text: Tanzil (tanzil.net).

How to make it easy

About 10 minutes a day, read out loud together

1. Ears before eyes

Play the day's verses 5 to 10 times in the car, at breakfast and at bedtime, before anyone tries to say them. Kids memorize sound faster than text.

2. Tell the story first

Before Group 1, tell it like a movie: horses running and panting, sparks off the rocks, a charge at sunrise, a dust cloud, then right into the middle. Once they can see it, they get the order right.

3. Echo the reciter

Play one verse, pause, and they repeat it. Three times each. Then say it together with the reciter.

4. Chain every day

Each new verse gets said together with all the verses before it. 1, then 1–2, then 1–3. Chaining keeps them from mixing up the order.

5. "I start, you finish"

You say the first word or two, they finish the verse. Next round they start and you finish. Kids love catching a parent who "forgets".

6. Use it in prayer

From Day 6, they recite it after Al-Fatihah in their prayers. That review never stops, so they don't forget it.

The 7-day plan

Day	New	What to do
Day 1	Verses 1–3	Tell the horse story. Listen 10 times. Echo each verse 3 times, then chain 1–3.
Day 2	Verses 4–5	Review 1–3. Add 4 and 5. Say all of Group 1 three times. Ask: "What comes after the sparks?"
Day 3	Verses 6–8	Group 1 once. Learn Group 2. Point out the "Wa innahū" twins and shahīd / shadīd.
Day 4	Review	No new verses. Verses 1–8 three times with the reciter, then once alone. Play "I start, you finish".
Day 5	Verses 9–11	Learn Group 3. Point out the twins: mā fil-qubūr / mā fiṣ-ṣudūr.
Day 6	Whole surah	All 11 verses with the reciter, then twice alone. Recite it in one prayer today.
Day 7	Show it off	Recite it to a grandparent, an aunt or uncle, or on a video call. Then celebrate.

Star tracker

Name _____

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
★	★	★	★	★	★	★

Name _____

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Missed a day? Repeat it. Steady beats fast.